



THE JOURNEY IS THE DESTINATION...

...on the Middlesex Grassroutes Trail. The Grassroutes meander through Middlesex County, giving visitors a taste of the local food, culture, heritage and natural sites along the way. Follow the Grassroutes Trail in its entirety or hop on along the route. Either way you'll find signs to point you to some of the best tourism hot spots that Middlesex County has to offer.

EXPLORE THE TRAILS



Step in to the wild with the Middlesex Trails Guide that includes routes for hiking, running, mountain biking, horseback riding, cross-country skiing, snowshoeing and birdwatching. Lush deciduous forests, wetlands, meadows, and shrublands support the variety of wildlife in the County. Don't miss Skunk's Misery, one of the largest and most environmentally significant woodland and wetland areas in the Carolinian Region.

<https://www.visitmiddlesex.ca/plan/middlesex-county-trails-guide>

GET INSPIRED



Early morning sunrises, blue water vistas and pastoral scenes provide the inspiration for artists and artisans in Middlesex County. Discover a local artist and bring home a unique piece to decorate your home.

www.visitmiddlesex.ca/experiences/arts

BE A GOOD SPORT



Middlesex residents take their sports seriously. Middlesex hosts tournaments for hockey, softball, soccer and every sport in between. Strong community pride and investment in arenas, sports fields and community centres have helped shape renowned local athletes such as Olympic Gold Medalist Scott Moir and NHL players Brian Campbell, Logan Couture, Matt Read, Drew Doughty, Boone Jenner, Lawson Crouse and Travis Konecny.

www.visitmiddlesex.ca/activities/sports-recreation

TASTE THE LOCAL FLAVOURS



Discover the region's local fare restaurants, specialty shops, retail farms, and markets selectively listed in the Middlesex County Culinary Guide. Get connected with the freshest produce, homemade goods, and the wide selection of delicious cuisine. Local family ran operations like Kustermans, Heemans, Arrowwood Farm and Apple Land combine a day's worth of activities including u-pick, ready-pick, nurseries, bakeries, cafes, gifts and family fun. And what better way to make the most of your experience than by visiting our local restaurants, coffee shops and pubs such as the Rusty Wrench, Clocktower Bistro, Union Pub, and the Fat Olive to name a few, are just some of the places to visit in the County's burgeoning gastronomic scene!

www.visitmiddlesex.ca/plan/maps-guides/middlesex-county-culinary-guide

MAKE A PLAY DATE



Choose from a variety of golf courses designed to challenge the low handicap crowd and provide an enjoyable outing for the casual golfer. Grab the kids, pack up a picnic basket and enjoy the many parks and playgrounds, pools and splash pads located in all corners of the County.

www.visitmiddlesex.ca/activities

STEP BACK IN TIME



Middlesex is the home to many historic sites, buildings and cemeteries. Discover the stories of the Donnellys, the Barn Quilt Trails and the Battle of the Longwoods. The Heritage Trail marks the history of the people and places in Middlesex with stories of pioneer settlements, significant battles, historical buildings and noteworthy events. While you are out on the trail, be sure to stop at our museums for more enlightening information and displays of the past.

www.visitmiddlesex.ca/plan/middlesex-heritage-trail
www.visitmiddlesex.ca/experiences/museums

CELEBRATE



All the charms of Middlesex County come together in exhibitions, festivals, concerts and special events in every season. Highlights include the Strathroy Hometown Festival, Lucan Summerfest, Oxford Renaissance Festival, Rockin Wheel, Art in the Barn, and the re-enactment of the Battle of the Longwoods. Take your pick of fall fairs across the County. Each one has its unique twist on a celebration of the harvest season with entertainment, exhibits, rides, competitions and lots of local foods.

www.visitmiddlesex.ca/events

STAY AWHILE



Get ready for a good night's sleep. Take your pick from convenient motels, cozy inns and welcoming bed & breakfasts while visiting Middlesex County. Enjoy a summer night around a campfire at one of the many conservation areas or private campgrounds.

www.visitmiddlesex.ca/stay



LEGEND

AGRI-TOURISM	GOLF COURSES
BED & BREAKFASTS	MOTELS / INN
CAMPGROUNDS	MUSEUMS & HERITAGE SITES
CONSERVATION AREAS	POOLS & SPLASH PADS
ENTERTAINMENT	RESTAURANTS & BREWERIES
EQUESTRIAN	

BE ENTERTAINED



Get your adrenaline pumping at Delaware Speedway, home to some of the finest stock car racing in Canada for more than 55 years. Watch a movie with the whole family at the historic Mustang Drive-In Theatre, enjoy a show at Purple Hill Country Opry, or fly up, up and away in a hot air balloon ride with Sundance Balloons.

www.visitmiddlesex.ca/experiences/entertainment



Mustang Drive-In

GO FOR A RIDE



Bikers, cyclists, paddlers and horseback riders can make their way in Middlesex. Take the Grassroutes or make your own path. Horse lovers will feel at home in this equestrian area where riding trails and stables abound. Dip your oar in the Thames and Sydenham rivers or our many ponds and fishing holes. When you need a break; a cold drink, a warm meal and a cozy room await in our charming towns and villages.

www.visitmiddlesex.ca/plan/maps-guides

TREASURE HUNT



Whether you are looking for a special gift, toys for the kids or a one-of-a-kind piece to add to your antique collection, the treasure hunter in you will be kept busy as you travel along our Grassroutes.

www.visitmiddlesex.ca/shop



Playmore



Please Note: This map is for visual purposes only and does not contain details regarding local mapping for navigational purposes. Please consult our interactive Public Middlesex Map at middlesex.ca for navigation.